

Acknowledgments

- City of Forest Lake, MN
- Mark Edlund- St. Croix Watershed Research Station, Science Museum of MN
- University of St. Thomas Geology+ Biology Department

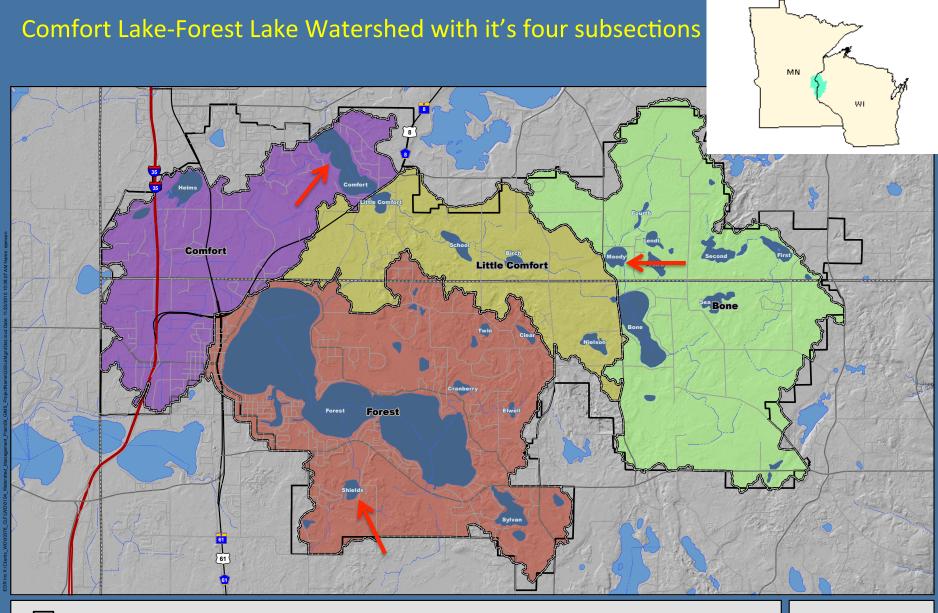


• LACCORE- National Lacustrine Core Facility, University of MN



Goals

- Comfort Lake-Forest Lake Watershed is interested in remediation and management of impaired lakes and surface water.
- By using a paleo-ecological approach, watershed managers will be better informed for remediation and management.
- Shields, Moody, and Comfort Lake
- Using sediment cores and geochemical proxies to look at sediment loading and nutrients in the basins.









Methods



- Magnetic susceptibility
- Loss On Ignition (LOI)
- XRF analysis
- ²¹⁰Pb age dating
- P Fractions

Shields Lake

Area: 30 acres. Depth: 7.8m

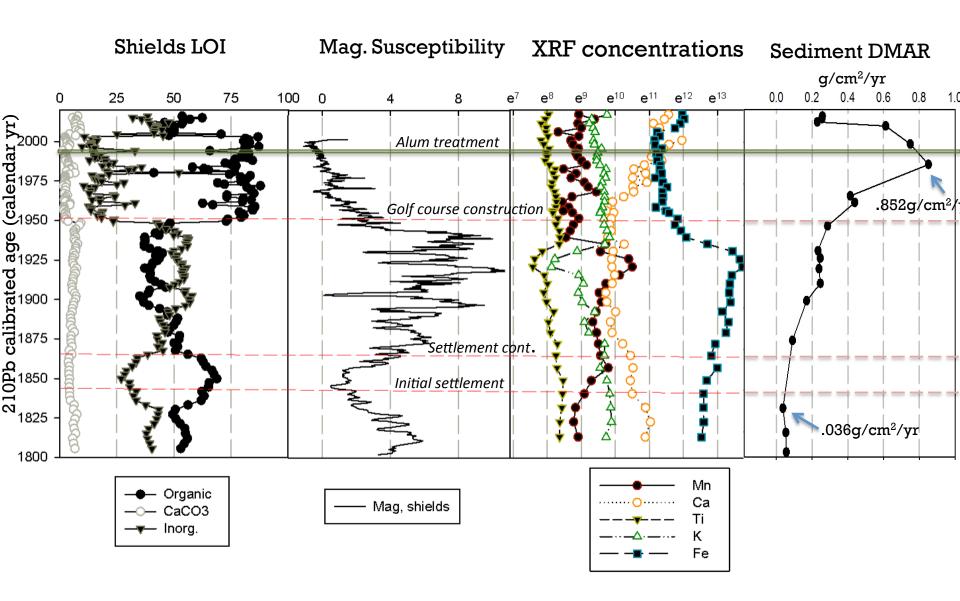
2015: 349 µg/L phosphorous*

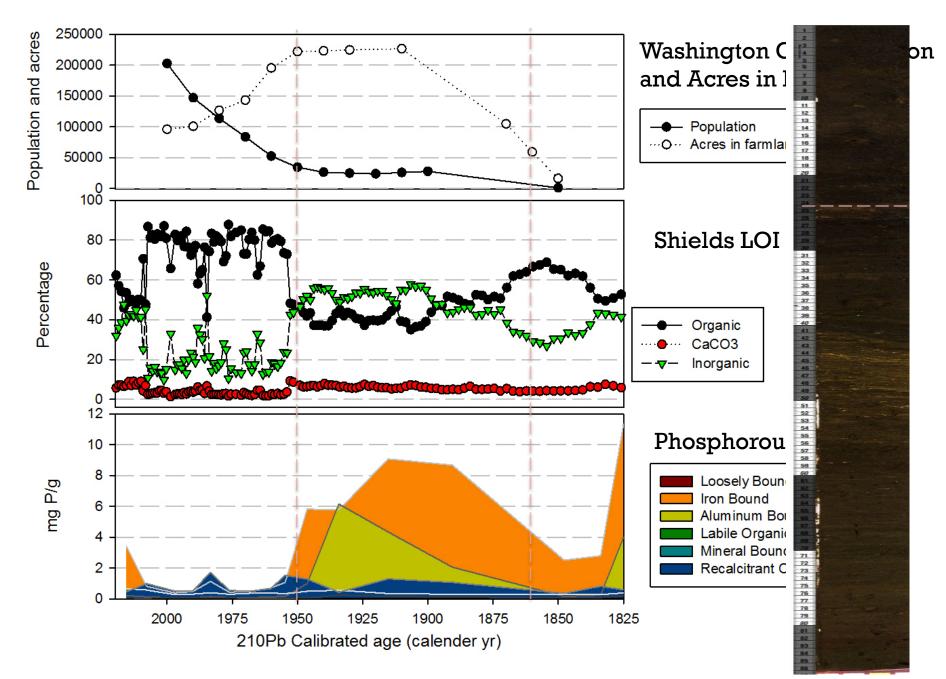
Lake Grade: F+

*Lakes in central and southern Minnesota have a eutrophic standard of 40-60 μ g/L P



Duncanson, GSA 03/2017





Moody

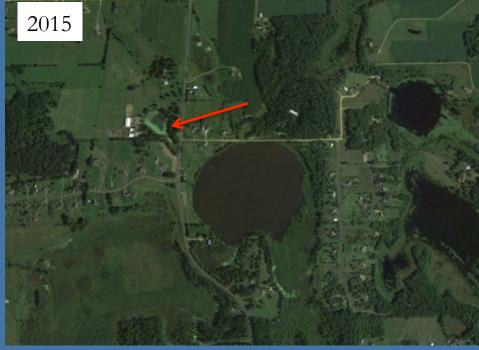
Area: 41 acres. Depth: 14.3m

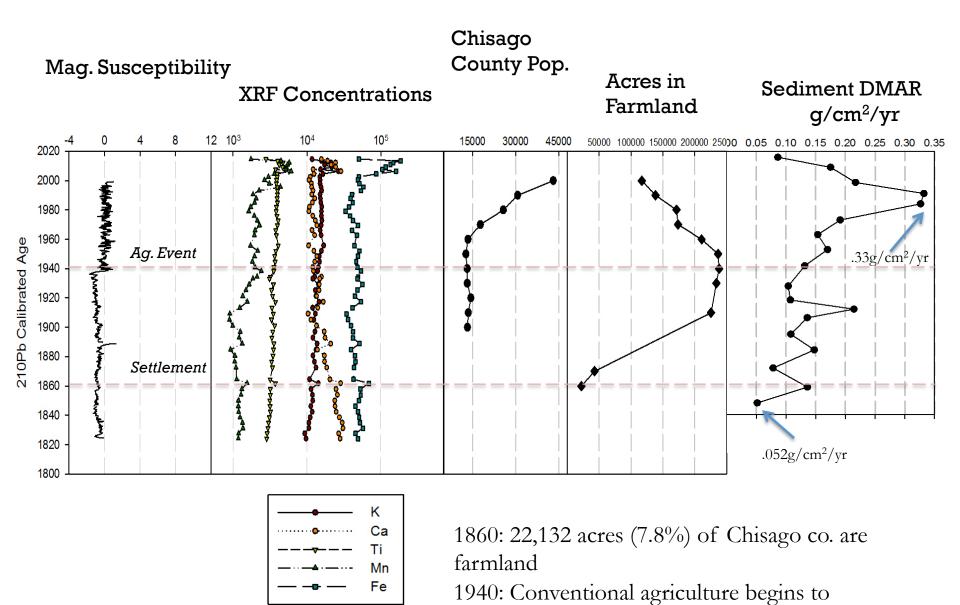
2015: 118 µg/L phosphorous

Lake Grade: D-

Headwaters of CL-FL Watershed







tile) Duncanson, GSA 03/2017

implemented in the county (fertilizer, drainage

Comfort Lake

Area: 218 acres. Depth: 13.72m

31 μ g/L phosphorous

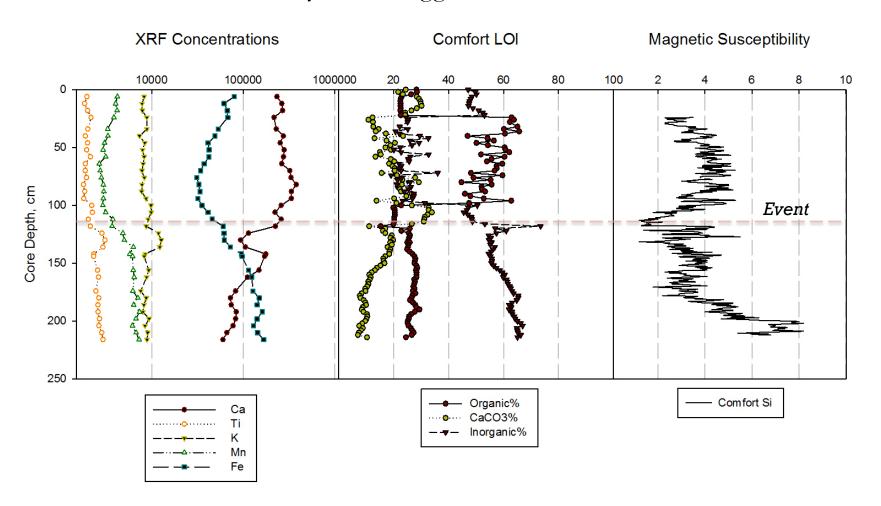
2015: Lake Grade: C+

Majority of water flows to Comfort Lake, "end" of watershed



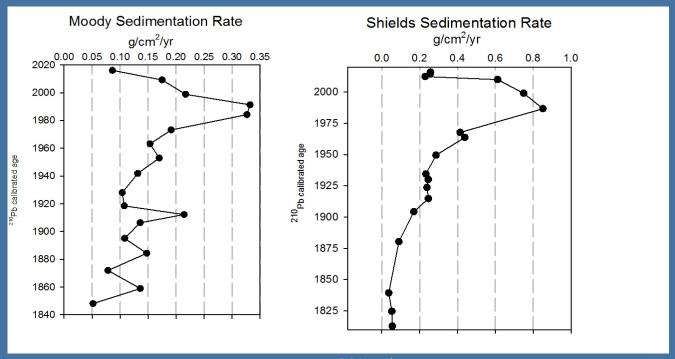


Preliminary results suggest notable event at ~120cm



Key Findings

- All three lakes, to various degrees, have been altered from their natural, pre-settlement conditions
- The Shields record has been firmly tied to specific land use changes, and moody
- Remediation efforts should continue, with major focuses on reduction of internal and external sources of phosphorus within the lakes



Further work

- Receive final ²¹⁰Pb age dating for Comfort, P fractions for Comfort and Moody
- Diatom analysis for phosphorous in the water column
- Future lakes to be cored and tested

Remediation:

- All three lakes will be implementing vegetated buffer strips
- Moody Lake undergoing wetland reconstruction, removing phosphorous-laden sediment



